

Recommended Resources

Certified Recovery Peer Specialists: Certification Guidelines, Credential Standards and Guidelines: <https://flcertificationboard.org/wp-content/uploads/CRPS-Standards-and-Requirements-Tables-12-28-17-1.pdf>

National Resource Center on Psychiatric Advance Directives - Florida:
<https://www.nrc-pad.org/states/florida-faq/>

Florida Mental Health Advance Directive Form:
<https://www.dcf.state.fl.us/programs/samh/MentalHealth/laws/mhadvdir.pdf>
Chapter 765 of the Florida Statutes, entitled "Health Care Advance Directives" allows you to appoint an individual to make decisions about your treatment if you become incompetent to make decisions. In Florida, such a person is known as a "Health Care Surrogate." The Florida statute also allows you to write instructions about how you would like your mental health care to proceed. The statute allows you to set out your instructions on any aspect of your health care treatment, which could include advance decisions about psychiatric medications and/or hospitalization.

Supplemental Social Security Income (SSI) and Social Security Disability Insurance (SSDI): [https://www.nami.org/Learn-More/Mental-Health-Public-Policy/Supplemental-Security-Income-\(SSI\)-and-Social-Secu](https://www.nami.org/Learn-More/Mental-Health-Public-Policy/Supplemental-Security-Income-(SSI)-and-Social-Secu)

Wellness Recovery Action Plan (WRAP):
<http://mentalhealthrecovery.com/wrap-is/>

Notes:



The Gathering 2018 Our Journey to Recovery

Saturday, April 7, 2018 - 9:30am to 3pm
Ghazvini Center for Health Care Education



The original "Gathering," held in 2012, was organized by the Tallahassee Peer Network--a group of individuals living with a mental illness. The mission was to provide a resource that focused and promoted the possibility of recovery. The event was expanded and held again in 2014. The program has always focused on topics identified by individuals as important to themselves and their families.

Through the collaborative efforts of the following organizations, the 2018 Gathering is offered free to the public.



In Memory of
Lois Cotten by
Mary Alice &
Michael Linzy



Program Schedule

Arrival - Saturday, April 7

9:30 - 10:00 a.m. **Registration and Check-in**
Located outside rooms 226 & 227

Plenary Session - Rooms 226 & 227

10:00 - 10:15 a.m. **Welcome**
Beth Dees, CRPS, Magellan Complete Care, Big Bend Mental Health Coalition, NAMI-Tallahassee Bd. Member

10:15 - 11:15 a.m. **Keynote Presentation:
The Right to Recovery**
Dana Foglesong, NCPS, Director of Recovery and Resiliency Services, Magellan Complete Care

11:15 - 11:25 a.m. **Break (10 minutes)**

11:25 a.m. -
12:25 p.m. **Cutting Edge Recovery Models**
Jeffrey Lacasse, MSW, Ph.D., College of Social Work, Florida State University

12:25-1:15 p.m. **Lunch Buffet:**
Peer Specialist Scholarship Announcement
NAMI Representative (from 1:00 to 1:15 p.m.)

Concurrent Session I, Choose one of two offered at this time

1:15 - 2:00 p.m. **A. Provider Programs and Resources you may not Know About: Rooms 226 & 227**
From Intensive Outpatient Programs to Support Groups
Valerie J. Cattau, DBSA Support Group; Jose Delgado, Behavioral Health Technician, MSW Candidate, The Apalachee Center, Inc.; Steven D. Litherland, NAMI Connection; Kelli Mercer, Director of Behavioral Health Outreach, Capital Regional Medical Center

B. Self Advocacy: Tips for Talking to Health Care Providers: Room 228
Understanding the Illness, Getting what you Need and the Importance of Advance Directives
Drake Gunning, LCSW, Assistant Program Director, Florida Therapy Services, Inc.; Debra Horton, MSW, NAMI Sharing Hope.

2:00 - 2:15 p.m. **Break (15 minutes)**

Concurrent Session II, Choose one of two offered at this time

2:15 - 3:00 p.m. **A. An Emerging Trend: Peer Specialists, their Roles & Qualifications: Room 226 & 227**
Beth Dees, CRPS, Magellan Complete Care; Steven D. Litherland, The Apalachee Center, Inc.

Second session listed on top of next page.

Concurrent Sessions II, Choose one of two offered at this time

2:15 - 3:00 p.m. **B. Rearranging Your Dreams: Room 228**
Recovery Tools, Education Resources and Employment
Christopher Dykes, NCPS, Florida Department of Children and Families

10:00 a.m. -
3:00 p.m. **Quiet Room - Room 232**
Need a little down-time? Escape to the "Quiet Room"

About the Speakers



Keynote: Dana Foglesong has been a systems change leader in Florida since 2010. She currently works as the Director of Recovery and Resiliency Services for Magellan Complete Care, the first specialty behavioral health plan in the country for individuals living with mental illnesses. As a former Medicaid recipient who used community mental health services on her journey to recovery she is able to offer a valuable perspective. In her role as Director, she leads a diverse team of Recovery Support Navigators, who provide peer support services as part of Magellan Complete Care's integrated health team approach. Dana also manages the operations and budget for MCC's Recovery Support Initiative, partnering with recipients, peer-run organizations, advocates and providers to expand recovery oriented and peer support services in Florida as well as providing technical assistance and training to providers and community stakeholders.

Prior to joining Magellan, Dana worked for the Florida Department of Children and Families in the Office of Substance Abuse and Mental Health, contracted with Disability Rights Florida to provide outreach to individuals with mental health conditions, and founded the statewide peer network The Peer Support Coalition of Florida. In these roles she has leveraged opportunities for current and past recipients of services and their families to have their voices included in the creation, implementation and review of practices.

Dana is a subject matter expert on recovery oriented systems of care and peer delivered and whole health approaches in integrated health settings. Dana is a former member of the National Alliance on Mental Illness national board of directors and National Association of Consumer/Survivor Mental Health Administrators. She is a nationally certified peer specialist, an advanced level WRAP facilitator, holds a bachelor's degree in multidisciplinary studies and is currently pursuing a master's degree in social work at the University of Central Florida.



Jeffrey Lacasse, MSW, Ph.D., Florida State University, College of Social Work. An assistant professor, Dr. Lacasse holds an impressive teaching and scholarly record with continued research interests in recovery methods, psychotropic medications and consumer oriented approaches.

